

KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN UNIVERSITAS NEGERI SEMARANG

Gedung H Kampus Sekaran Gunungpati Semarang - 50229 Telepon: +6224-8508081 Fax. +6224-8508082 Laman: http:// www.unnes.ac.id, email: <u>unnes@mail.unnes.ac.id</u>

CIRCULAR LETTER

No : B/1141/UN37/WS/2020

SUBJECT

PREVENTIVE ATTENTION AGAINST CORONA VIRUS DISEASE-19 (COVID-19)

Due to the outbreak of the New Corona Virus Disease-19 (Covid – 19), UNNES suggests basic protective method to all the students, lecturers and staffs:

- 1. **postpone all business trip and international travel** to infected countries of coronavirus until the safest condition is announced
- 2. **immediately remain home isolated** for those who have returned from infected countries such as China, Japan, Korea, Singapore, Malaysia, Vietnam, Thailand, USA, Canada, Germany, France, UK, Italy, Spain, Netherlands, Croatia, Uni Emirat Arab, Kuwait, Bahrain, Egypt, Iran, India and Australia. You should restrict activities outside your home at minimum 14 days after the arrival (please remain under home isolation with your family) except for getting medical care. If during the isolation you or one family member shows the symptoms of fever, cough, runny nose, and trouble breathing please contact Rumah Sakit Dr. Kariadi Semarang to have an examination and send the result immediately to <u>humas@mail.unnes.ac.id</u>.
- 3. **organize significantly** with other division regarding invitation of international guests according to Ministry of Health Decree No 1.HK.07/MENKES/104/2020 about confirmation of COVID-19 as the epidemic disease and the preventive guidance
- 4. **remain calm and avoid being panic**. It is compulsory to follow prevention steps of being healthy such as clean your hands often (with soap and water additionaly with alcohol-based hand rub/hand sanitizer), consume balanced-nutritional food to boost the immune system and restrict many activities in the crowd
- 5. **wear facemask if you have a cough or flu**. Remind other people who have cough or sneeze to cover their mouth and nose with tissue or wipes. Then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room
- 6. actively provide the preventive precautions in your division by:
 - educating others about COVID-19 without making panic;
 - providing hand cleaner facilities (soap/alcohol-based hand rub) in every strategic place
 - making regulation to cleaning service for rubbing frequent bacterial colonized area such as door, window, or stairs handle and elevator switch button with disinfectant 0,1 % as WHO requested)

2 March 2020 Rector,

Prof. Dr. Fathur Rokhman, M.Hum. NIP196612101991031003